



Trail to Triumph Questionnaire

Why are you running/supporting Trail To Triumph?

Support a Mate and see some wonderful people again. Challenge myself.

I also work in an industry that deals with Asbestos every day and is doing what it can to make its workers and the public safer. So this is also my little part to making people aware of the dangers of Asbestos and where they can get some support.

What has been your biggest / favourite running event?

Trail to Triumph 2016. I would like to do the Big Red Run next year or the Big Rock Run.

What do you like most about running?

It was only last year that I started to run any distance over 5k's. I have always done some form of fitness but running to me is freedom, time to think, relax and enjoy believe it or not.

What is your favourite joke?

Any joke my Dad tells. The joke is never really funny, but the way my Dad TRYs to tell the joke is. Normally tells you the punch line first or mixes 2 or 3 joke up together.

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What movie title best matches your life?

Anything with Love in the Title.

Do you have any superstitions?

None.

What are the top 3 things on your bucket list?

I have already got my bucket list, My wonderful wife and kids is all I need.
The rest would be Ride my Harley all over Australia, New Zealand, and travel/camping I love nature.

If

you could have one super power, what would it be and what would you do with it?

I would really love to have super vision or x ray vision. Come on you all know what I would do with it.

Help people.

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What is one thing not many people know about you?

I am really smart. No one knows that.

Favourite Cold Rock combination?

Never tried it.

What would you name your pet ferret?

Tom.

I knew someone who had Ferrets as pets, they are funny little animals, you can twist and fold their bodies in half without hurting them.

Did you ever meet Tony? Tell us a short story

I only meet Tony a few times.

I Played AFL and every now and then our coach would get Tony to do some fitness sessions with us, Mainly as punishments for a poor game the week end before.

I found him to be tuff but in a good way, most of the team would turn around and head home when they saw him standing with our couch, but I actually enjoyed his sessions, They were hard but he would get the best out of you, push you until you realized you did not need to be pushed because you could do it.

I can't say too much about the man only that the time I spent with him he pushed us so you could get the best out of ourselves.